

MMR UPDATE!

- We would like to draw your attention to a measles outbreak affecting South East London, with recent outbreaks in nurseries and schools in the area. There has been 18 cases of measles in Southwark alone in recent weeks
- The **MMR** vaccination is the best way to protect your child against measles.
- Your child should have their first dose of **MMR** aged 13 months and their booster dose will now be offered 1 month after their first.
- A single dose gives protection in around 90% of individuals and over 95% of individuals after two doses.

See below for MMR Vaccination Information

WHO SHOULD HAVE THE VACCINATION?

Age of child	No doses of MMR given	Already had one dose of MMR	Already had both doses of MMR
13 – 18 months	Give both doses of MMR one month apart. A third dose will be needed with the pre-school booster.	Give second dose as soon as possible, but at least one month after the first. A third dose will be needed with the pre-school booster.	No further doses needed
18 months – 18years	Give both doses of MMR one month apart..	Give second dose as soon as possible, but at least one month after the first.	No further doses needed
18 years - adults born after 1970.	Give both doses of MMR one month apart..	Give second dose as soon as possible, but at least one month after the first.	No further doses needed
Pregnant women	MMR is a live vaccine and not advised in pregnancy. Contact SELHPU as a matter of urgency (contact details below)		
Adults born before 1970	Can have two doses of MMR if considered to be at particular risk, for example working with children or in hospitals		

IF YOU HAVE ANY QUESTIONS ABOUT THE MMR OR IF YOU WOULD LIKE TO KNOW IF YOU OR YOUR CHILD REQUIRES THE VACCINATION PLEASE CONTACT OUR PRACTICE NURSES EILIDH OR REN ON 0207 231 0207

for more information about **MMR** please consult the following resources: NHS Direct (telephone 0845 46 47)

www.nhsdirect.nhs.uk
www.mmrthefacts.nhs.uk